



Left to their own devices?

**Confident
parenting in
a world of screens**



Power up your parenting for the online generation

The internet revolutionised the way that we live our lives. From smartphones to social media, digital technology allows young people to develop life skills and build connections in ways that were never previously possible.

Despite this, parents can feel out of touch with their children's online habits. Many are concerned about how to protect their children from online bullying, pornography and the pressure of the selfie culture; not to mention worries over the sheer amount of time spent on screens.

But as well as the challenges there are advantages – the internet can be used as a tool for good within families. Embracing the positive aspects of digital life together can help parents become role models and build a close connection with their children.

At *Left To Their Own Devices?*, speakers Katharine Hill and Philip Jinadu will provide parents with perception-shifting insights into today's increasingly digital world.

You'll come away with loads of practical tips on how to guide your family through the highs and lows of the digital world, including:

- How to positively engage with your children's digital habits
- The impact of the most popular social media tools
- Managing screen time
- Ways to nurture online resilience within your family.



Katharine Hill

Katharine Hill is UK Director of Care for the Family. She is a well-known speaker, broadcaster and author. Her recent book, *Left To Their Own Devices? – Confident Parenting in a World of Screens*, explores the impact of the digital world. She is married to Richard and they have four grown-up children.



Philip Jinadu

Philip Jinadu is a popular conference and event speaker, and is on the speaking team at Care for the Family. He is regularly asked to talk on themes of marriage, parenting and identity. Philip and his wife Kate lead Woodlands Metro, a Bristol church full of millennials, and they have two grown-up daughters.

Join us at *Left To Their Own Devices?* where we'll look at the impact of the digital world on parenting, including:

Being digitally native

The effects of growing up in an online-obsessed world.

The social revolution

Understand how social media has redefined the way we connect.

Selfies and self-worth

Empower your child to feel confident in who they are.

Dangers of digital

The challenges and what your family can do to overcome them.

Safeguard your family

Remain resilient while embracing all the opportunities of the digital world.

What parents have said about the event ...



Relevant, practical, but above all inspirational and motivational.”



I was reminded of the positive influence I can be in my child's life – first & foremost.”

Event Tour 2019

Birmingham

Monday 4 November

Life Community Church,
B18 5PW.

Worcester

Wednesday 6 November

St Peter's Baptist Church, WR5 3TZ.

Exeter

Thursday 7 November

Rediscover Church, EX4 3ER.

Northampton

Tuesday 26 November

Elim Church Northampton,
NN5 7EG.

Colchester

Wednesday 27 November

Kingsland Church, CO3 9DW.

Maidstone

Thursday 28 November

St Luke's Church, ME14 5AR.

Time: 7.30 pm – 10.00 pm
(doors open at 7.00 pm)

Tickets

Standard / On the door ticket £7

Concession* ticket / Groups of 4 or more £5

*We don't want anyone to miss out on our events, so if a concession ticket makes attending more possible, please choose this option when booking.

To book

cff.org.uk/owndevices

029 2081 0800



Please note that we don't have the facilities to accommodate babies and young children at this event.

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