

Prayer underpins
everything we do.

Join us in praying for
the work of Care for
the Family.

Prayer for the Family

May 2021



Care for the Family

MONTHLY FOCUS

Social trends in Marriage

Individuals: Please pray for those getting married this year. Pray that the restrictions will not be a barrier for them tying the knot.

Local church: Pray that local church leaders would provide marriage preparation courses for couples who are getting married. Pray that it would strengthen their marriage.

National church: Please pray that the Church highlights the importance of marriage in building a healthier society.

1-2 MAY

On the Isle of Man, our resource for new mums and dads, *Let's Stick Together*, is being promoted on the first Saturday of each month at the online Parentcraft days and the ante-natal classes website.

Please pray for the new parents who sign up and watch *Let's Stick Together*. Pray that their relationships will be strengthened in this new chapter in their lives.

3-9 MAY

Filming for our much-anticipated second episode of our men's event, *Run the Race* takes place this week. Speakers Rob Parsons, Mark Chester and Gerrit Bantjes have been preparing their talks on this episode's theme, 'recovery'.

Please pray that the filming goes smoothly. Pray for the whole team who work behind the scenes to produce all of our events. Please pray that our speakers feel ready to speak to camera and will encourage all those who watch it.

Our Bereavement Care Awareness training equips churches and individuals to comfort those in their community who have lost a loved one. The next half-day online training takes place on Wednesday (5th) and Saturday (8th) this week.

Training repeats throughout the month.

Thank God for the success of the training and for those supporting those who are grieving at this time. Please continue to pray for our volunteer facilitators delivering the course and the attendees. Pray that they will come away more confident in their support.

Our *Date Night in a Box* event sets couples up to win! You'll get a box of goodies delivered to your door, including activities to do together (both during and after the event), plus engaging content streamed directly into your home to help you connect, communicate, and commit to reigniting sparks. Our first event is on Thursday (6th).

Please pray for all those who sign up to this event. Pray that this evening will rekindle a fresh spark for couples watching the event. Please pray that they will come away feeling inspired and equipped to deal with whatever life throws at their relationship.

10-16 MAY

Marriage Week is an annual week-long celebration of marriage. This year's theme is 'Naked Marriage'. The theme focuses on what is essential in any marriage and why the cost of a wedding shouldn't be a barrier to marriage.

Please pray for this campaign that it highlights the importance of marriage. Pray that it would inspire couples to really think of marriage as a life-long commitment, rather than just focussing on their wedding day.

Anxiety levels and poor mental health are on the rise in children and young people. As a parent this can feel overwhelming, but there is good news! Parents have incredible power to help children build strong healthy mental wellbeing. Our event, *A Mind of Their Own*, gives parents practical tips to help their children take care of their mental wellbeing. This event will available

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Further information
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to view from 8pm until midnight on 11th, 12th and 13th.

Please pray for parents or guardians who sign up to this event. Pray that they come away with wisdom and knowledge to help their children to grow into strong and resilient people.

Our Bereavement Care Awareness training continues Wednesday (12th).

Our Bereaved Parents and Widowed Young teams are holding support days on Saturday (15th). From the comfort of their home, delegates can relax in the company of people who understand first-hand the pain of losing a partner or a child.

Please pray for our Coordinators, Steve Smart (Widowed Young) and Mike and Kath Coulson (Bereaved Parents), and the befriending team as they prepare for the day. Pray for those who are booked onto the online events that not only they will come, but also find comfort, hope and a way forward.

17-23 MAY

Our Bereavement Care Awareness training continues on Saturday (22nd).

24-30 MAY

Bereavement Care Awareness training takes place this week on Wednesday (26th) and Saturday (29th).

The final spring events begin next month.

Please pray for those who have signed up to our events. Pray that they will be encouraged and inspired by the content.

31 MAY

Today is a bank holiday for some parts of the UK. Families can enjoy a longer weekend and an opportunity to spend time together.

Please pray that this will be a good time to relax and make memories.