

Prayer underpins
everything we do.

Join us in praying for
the work of Care for
the Family.

Prayer for the Family

October 2021



Care for the Family

Download the latest prayer diary
cff.org.uk/pray

Further information
029 2081 0800 or mail@cff.org.uk

MONTHLY FOCUS

Social trends in challenging relationships

Individuals: Please pray for those who currently have a difficult relationship with a family member.

Local church: Pray that the local church will support and help their members who are going through separation or divorce.

National church: Please pray that the Church will be a safe place where people can be supported and provide reconciliation if the relationship can be saved.

1-3 OCTOBER

Our Bereavement Care Awareness training begins again after taking a small break. The training equips churches and individuals to comfort those in their community who have lost a loved one. The half-day online training takes place on Saturday (2nd) and repeats throughout the month.

Please pray for those who attend the training. Pray that the delegates feel more confident to support those who are bereaved. Please pray for our facilitators who volunteer their time to provide the invaluable training.

4-10 OCTOBER

Anxiety levels and poor mental health have increased hugely over the years especially in children and young people. Our online event, *A Mind of Their Own*, gives parents practical tips to help their children take care of their mental well-being. This event will be available to view on Tuesday (5th).

Please pray for parents or carers who sign up to this event. Pray that they come away with wisdom so they can help their children to grow into strong and resilient people.

This week our men's online event, *Run the Race - episode 1*, goes live on Wednesday (6th). Rob Parsons, Mark Chester and Gerrit Bantjes share how men can run the race of life well and put in place things that will help them to persevere and endure the pressures of everyday life.

Please pray that men will sign up to this event and for those who have already booked on. Pray that they will be encouraged to keep going in their faith.

Our last Trustees' meeting of the year is on Thursday (7th).

Please pray for our Leadership team and our Trustees as they pray and discuss all things Care for the Family.

Our Bereavement Care Awareness training takes place this week on Saturday (9th).

11-17 OCTOBER

Care for the Family are hosting an online seminar with Family Hubs Network on Tuesday (12th). The seminar focuses on how churches and Christian organisations can transform families in their community by partnering with local authorities to support families and help communities flourish.

Please pray for those who are attending and speaking at the webinar. Pray that churches and organisations are inspired and catch the vision of Family Hubs. Pray for good partnerships to be formed because of this event.

On Wednesday (13th), *Run the Race - episode 2*, is available to view. This episode is looking at recovery and bouncing back after facing challenges. The men's event will be sharing wisdom and knowledge on the topic as well as entertaining.

Please for the men who attend, that they will be challenged and

encouraged by the content.

A Mind of Their Own is being streamed again on Thursday (14th).

Our *Bereaved Parent Online Support Day* is on Saturday. From the comfort of their home, delegates will be around those who know the pain of losing a child.

Please pray for our Coordinators, Dave and Jane Park, and our volunteer befriending team as they prepare for the day. Pray for those who are attending this online event that not only they will come, but find comfort and a way for them to cope both now, and as they think about the future.

18-24 OCTOBER

Our new event, *Boundary Lines*, gives parents, grandparents or carers the tools to help them handle challenging behaviour of children under five. Speakers Katharine Hill, Sim Dendy and Pippa Ankers share great advice and strategies to create and keep boundaries. *Boundary Lines* will be available to view on Tuesday (19th).

Please pray for those who are finding parenting their child a challenge. Pray that this event will give them the confidence to overcome and help their child to thrive within a loving boundary.

Run the Race, episodes one and two will be available to view again this week (Wednesday and Friday).

Our *Bereavement Care Awareness* training continues this week on Saturday (23rd).

25-31 OCTOBER

Schools will be closing for half term.

Please pray for the teachers as they take this time off to relax and unwind. Pray that families will take this opportunity to create fun and lasting memories.