



## DISCUSSION QUESTIONS

### EPISODE 15: BACK FROM THE BRINK

featuring Kate and Harry Benson

1. Do you think that friendship in marriage is important? Why?
2. What examples of marriage did you grow up with? How have these influenced your behaviour as a husband/wife?
3. Is there anything that needs to shift in your marriage? What one small step can you take this week?
4. Is talking about your feelings something you find easy or difficult?
5. How can you prioritise spending some time together this month to talk through your memories from the past and share with each other?

