



DISCUSSION QUESTIONS

EPISODE 22: THE PATH TO ADOPTION

featuring Sophie and Luke

1. What is your default emotional reaction under stress? Are your reactions similar or different?
2. What are some of the new experiences that you've had in your adoption journey?
3. What are you looking forward to?
4. If you haven't already, who can you ask to come alongside you in this season?
5. Luke set the challenge of leaving your spouse a small gift to show that they are appreciated. How could you best express appreciation to your spouse this week?

