



DISCUSSION QUESTIONS

EPISODE 29: THE IMPORTANCE OF KEEPING UNITY

featuring David and Charis Baker

1. What specific areas tend to cause more discord than others in your relationship?
2. What are your natural defaults when it comes to conflict? How do they compare to your partner's natural defaults?
3. In what area of your relationship would you like to have more unity? What first step could you take today?
4. Where in your daily routine could you make space for "sofa time"?
5. What one thing would you like to apologise to your spouse for doing or not doing?

