



## DISCUSSION QUESTIONS

### EPISODE 30: WHEN COMMUNICATION IS HARD

featuring Steve and Chris Hughes

1. What are your and your partner's communication types?
2. What has influenced the way that you communicate?
3. Are there any approaches that you need to change?
4. In what areas could you be more kind and gentle with your spouse?
5. What one commitment can you make to each other when it comes to how you communicate?

