



## DISCUSSION QUESTIONS

### EPISODE 9: LITTLE PEOPLE, BIG CHALLENGE!

featuring James and Jen Rankine

1. As parents it can often feel like you are constantly serving little people and each other, wondering when you'll get any time for yourself. What has been your experience of this?
2. What would fighting for your marriage look like for you?
3. What can you start doing now that will help when periods of difficulty or challenge come? If things are difficult at the moment, where can you turn for help and support?
4. Is there anything about the way that you connect and communicate that you'd like to change?
5. Why not take some time to discuss what setting aside time together as a couple might look like?

