



DISCUSSION QUESTIONS

EPISODE 2: THE BEST POSSIBLE CHRISTMAS

1. Can you identify a number of alternative, less financially costly ways of giving gifts at Christmas?
2. How are your budgeting skills at this time of year? Can you set, and stick to, a budget effectively? Could you consider a 'cash only' month to test your spending habits?
3. Is there an opportunity in your family to develop traditions that are not cost-driven?
4. How might you deal with peer pressure around Christmas?

