Bereaved Parent Support Events

Supporting parents living with loss after the death of a son or daughter.
We know from personal experience that losing a son or daughter at any age is one of the most heart-breaking things you can ever face as a parent.

Whether this has happened to you recently or some time ago, we invite you to join us on a Bereaved Parent Support event. You will be with others who understand your situation first-hand and can offer you reassurance and hope for the journey ahead.

**Support Weekend**

**Friday 9 October, 5.00 pm - Sunday 11 October, 2.00 pm:**
Staverton Estate Hotel, Northamptonshire

This weekend is an opportunity to learn from other parents’ experiences and share as much or as little of your own story as you feel comfortable with. You don’t have to put on a brave face or cope alone.

You will have time to …
- Talk about your son or daughter with others who have experienced the pain of losing a child
- Make friends who can support you in the future
- Gain insights to help you in your journey through loss
- Discover creative ways of remembering your child and celebrating their life

“It was a well-planned event where bereaved parents feel accepted in any stage of grief or circumstance.”
Support Days

Saturday 20 June: Swindon
Saturday 7 November: Belfast

10.00 am – 5.00 pm

It would be great to see you at one of our day events. Come and meet others who are living with loss, find ways of working through the pain of bereavement and discover hope for the future.

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A real lifeline to be among others who ‘know’, and receive comfort from others who actually understand.

Meet the team

Mike and Kath have been part of the Bereaved Parent Support team since it began in 1999. Their eldest son Philip died suddenly in 1994, aged seven, following a brain haemorrhage. They have three surviving children.

They will be hosting our Support Events alongside a team of trained volunteer befriinders. All of our befrienders have themselves lost a son or daughter and can identify personally with a range of losses and situations.
Booking information

Support Weekend - £150 per person, including two nights’ accommodation plus all meals.

Support Day - £22 per person, including lunch and refreshments.

Our events are subsidised, however if the cost is a problem please contact us as we may be able to offer you a bursary place. Please email mail@cff.org.uk if you have any questions.

To book - 029 2081 0800
cff.org.uk/bpsweekend or cff.org.uk/bpsday

Care for the Family is motivated by Christian compassion but all our events are accessible to everyone, of any faith or none. Bereaved parents can come on their own or as a couple. Unfortunately we are unable to cater for babies and children at these events.